

For take-out, please call 403-885-6434

Lunch

Served from 11am – 4pm

Handhelds

House-cut Fries or Side Green Salad

Upgrade side to Caesar Salad or Daily Soup for **2**

Upgrade side to Thai, Watermelon, Mexican, or Tuscan Pasta Salad for **3**

Upgrade side to Onion Rings or Sweet Potato Fries for **3**

Classics

Beef Dip 19 ³/₄

Thinly Sliced Alberta Beef, Swiss Cheese, Crispy Onions, House made Focaccia & Lemon Aioli.

Served with a Side of Au Jus.

Add Mushrooms or Onions **2**

Three Little Pigs Sandwich 18 ¹/₂

Brioche Bun, BBQ Pulled Pork, Maple Glazed Ham, Apple Smoked Bacon, Spiced Cabbage Slaw, Whisky Onions & Smoked Aioli

Chicken Avocado Club 18

Multigrain Bread, Chicken, Bacon, Avocado, Tomatoes, Mixed Greens & Lemon Aioli

California Croissant 16 ¹/₂

Fresh Croissant, Falafel, Tomato, Shredded Carrot, Sprouts, Guacamole, Red Leaf, Lemon Aioli & Pickled Onions

Sweet Chili Chicken Wrap 17 ³/₄

Flour Tortilla, Crispy or Grilled Chicken, Tomato, Shredded Cheese, Lettuce, Cucumber, Sweet Chili & Ranch

Grilled Cheese

Caprese 16

Sourdough, Tomatoes, Mozzarella, Pesto, Balsamic Glaze, Spinach

Buffalo Chicken 16 ¹/₂

Sourdough, Spiced Chicken, Monterey Jack Cheese, Ranch, Onion

Sweet & Spicy 16

Sourdough, Shaved Ham, Red Pepper Jelly, Fresh Apple, Spinach

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French Onion 16 ½

Sourdough, Braised Beef, Caramelized Onions, Mozzarella

The Ultimate Grilled Cheese 16 ½

Sourdough, Apple Smoked Bacon, Corn Jalapeno Salsa, Mozzarella

Tacos

1 Taco- 12

2 Tacos- 17 ½

3 Tacos- 21 ½

Chicken Taco

Corn Tortilla, Pulled LAL Beer Chicken, Spiced Coleslaw, Corn Bean Salsa, Jalapeno Crème Braised

Beef Taco Corn

Tortilla, Mexican Spiced Braised Beef, Pico de Gallo, Guacamole

Fish Taco

Corn Tortilla, Spiced Coleslaw, Pico de Gallo, Lime Spiced Crème

Falafel Taco

Corn Tortilla, Spiced Coleslaw, Corn Bean Salsa, Lime Spiced Crème

Burgers

Milly Burger 19

5oz Patty, Brioche Bun, Smoked Gouda, BBQ Sauce, Apple Smoked Bacon, Red Leaf Lettuce, Crispy Onions, Pickles, Caramelized Onion & a Sunny Side Egg

Classic 17 ¼

5oz Patty, Brioche Bun, Cheddar Cheese, Crispy Onions, Tomato, Lettuce, Pickles, Caramelized Onion & Mayo

Mushroom Swiss 17

5oz Patty, Brioche Bun, Sauteed Mushrooms, Swiss Cheese, Crispy Onions & Caramelized Onion Mayo

Pretzel Crusted Chicken Burger 18 ¾

Pretzel Crusted Chicken, Brioche Roll, Smoked Aioli, Arugula, Apple Cabbage Slaw, Apple Smoked Bacon

Spicy Milly Beef Burger 18 ½

5oz Beef Patty, Monterey Jack Cheese, Spicy Relish, Chipotle Aioli, Fresh Tomatoes, Crispy Onions, Jalapeno Poppers

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Soup/Salads

Served with a Cheddar Biscuit
Add Crispy Chicken / Grilled Chicken / Falafel 5

Soup Cup 6 ½

Soup Bowl 10

Soup and Salad Combo 16 ¾

Choice of Daily Soup and a Side Salad: Green, Thai, Caesar, Thai, Watermelon, Mexican, or Tuscan Pasta Salad

Served with House made Focaccia

Summer Power Bowl 18 ¾

Spinach, Arugula, Quinoa, Fresh Berries, Candied Pecans, Goat Cheese, Red Onion, Sprouts, Edamame, Cucumber & Vodka Raspberry Vinaigrette

Moreila Power Bowl 18 ¾

Quinoa, Kale, Arugula, Corn Bean Salsa, Spicy Relish, Cherry Tomatoes, Guacamole, Pico de Gallo, Hemp Seeds, Taco Chips & Poblano Ranch Dressing

Zardar Power Bowl 19 ¾

Quinoa, Kale, Arugula, Cherry Tomatoes, Bell Peppers, Cucumber, Red Onion, Black Olives, Croutons, Parmesan, Pickled Artichokes, Sun-Dried Tomato Vinaigrette

Thai Salad 17 ¾

Romaine, Vermicelli Noodles, Bell Peppers, Peanuts, Cabbage, Carrot, Cucumber, Thai Peanut Dressing & Focaccia Bread

Caesar Salad 17 ½

Romaine, Caesar Dressing, Bacon Bits, Parmesan, Croutons, Lemon Wedge & Focaccia Bread

Side Salads

Caesar Salad 8 ¾

Romaine, Caesar Dressing, Bacon Bits, Parmesan, Croutons & a Lemon Wedge

Thai Salad 9

Romaine, Vermicelli Noodles, Bell Peppers, Peanuts, Cabbage, Carrot, Cucumber & Thai Peanut Dressing

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Watermelon Salad 9 ¼

Watermelon, Cucumber, Sprouts, Edamame, Goat Cheese, Vodka Raspberry Vinaigrette

Tuscan Pasta Salad 9 ¼

Fusilli Pasta, Tomatoes, Red Onion, Black Olives, Arugula, Parmesan, Corn Bean Salsa & Sun-Dried Tomato Vinaigrette

Mexican Side Salad 9 ¼

Romaine, Corn Bean Salsa, Pico de Gallo, Cherry Tomatoes, Taco Chips & Lime Jalapeno Ranch Dressing

Food Allergies Though we will do our best to accommodate food allergies, please note that we cannot guarantee that cross contamination has not occurred. Therefore, food prepared at this Café may come into contact with, or contain ingredients such as: milk, peanuts, shellfish, wheat, eggs, citrus or other allergens. Please notify your server of any allergies or dietary preferences